Leading Communion/The Lord's Supper

1. What is Communion/Lord's Supper?

Communion is one of the practices given by Jesus to His Church to help us look back, to remember His sacrifice for us that allows us right re(John 19:28-30), the new covenant (Jeremiah 31:31) and the coming wedding feast of the lamb (Revelation 19:6-9). The elements of bread and wine/juice are symbols of Christ's broken body and shed blood. Communion doesn't save us, rather, it is a symbol of a christian faith in the saving work of Jesus on the cross. If you are a believer in Jesus Christ, Jesus has invited us to practice communion, if you are not in the place where you consider Christ your Savior then we recommend you do not participate. As well Paul instructs in 1 Corinthians for disciples of Jesus to "examine" themselves before they take communion, respond in obedience to the Spirit's leading, understanding the seriousness which it represents.

2. Verses on Communion/Lord's Supper

- Matthew 26:26-29
- Mark 14:22 26
- Luke 22:19-20
- 1 Corinthians 11:23-29

3. Leading Communion/Lord's Supper

How you lead communion is up to you. But a typical order could look like this.

- 1. Instruction on what the Lord's Supper is, who should participate and why.
- 2. Read one of the communion passages.
- 3. Instruct your group on when to take the elements.
- 4. Close your time in prayer or a song.